



# 10 Reasons to Love Compost

## 1. It turns trash into treasure.

Food scraps and yard waste become rich, life-giving soil. It's the ultimate upcycle! Over 30% of what we toss could be composted. Composting lightens the load on our landfills - and our planet.

## 2. It reduces greenhouse gases.

Composting prevents organic waste from rotting in landfills, where it produces methane - a super potent greenhouse gas.

## 3. It feeds the soil, not the landfill.

Composting produces compost, the single most important ingredient for healthy and productive soil. Compost contains lots of slowly released plant nutrients.

## 4. Improve soil structure.

Healthy compost not only adds nutrients, but it also improves soil structure reducing erosion and bringing life back to tired soils.

## 5. It supports local food systems.

Compost helps grow more resilient and more nutrient-rich fruits and vegetables - right in our communities.

## 6. It's free and easy to start.

Whether you live in an apartment or on a farm, there's a composting method for you (hello, worm bins!). There are many ways you can turn your leftover organics into a valuable soil amendment without spending a penny.

## 7. It saves water.

Compost improves soil's ability to retain moisture, which means less watering and more drought resistance.

## 8. It increases resilience.

Compost makes communities more resilient to extreme weather conditions by increasing soil infiltration and being the key component in green infrastructure media mixes.

## 9. It builds community.

From school gardens to neighbourhood compost hubs, composting brings people together for a common cause.

## 10. It's the future of sustainable living.

If we're serious about fighting climate change and protecting ecosystems, composting has to be part of the solution.

## Bonus Reason

It just feels good to know you're making a difference  
- one banana peel at a time.

